



## CLINICAL GUIDELINES

The ODS Healthcare Services team provides medical management for serious illnesses, as well as coaching and outreach to help keep members healthy and informed. ODS Disease Management, Care Coordination, Case Management and Behavioral Health programs are developed using nationally-recognized, evidence-based clinical guidelines. These guidelines shape ODS policies and initiatives to help ensure the highest quality of care for our members.

A comprehensive list of links to clinical guidelines for disease management and preventive screenings is located on the ODS medical provider portion of our website at [www.odscompanies.com/medical](http://www.odscompanies.com/medical). Guidelines are listed for the following:

Guideline	Source
Management of high blood pressure (JNC 7) and cholesterol management in adults (ATP III)	National Heart Lung and Blood Institute (NHLBI)
Management of Type 1 and Type 2 gestational diabetes mellitus	American Diabetes Association
Global strategy for asthma management and prevention	Global Initiative for Asthma (GINA)
Global strategy for the diagnosis, management and prevention of chronic obstructive pulmonary disease	Global Initiative for Chronic Obstructive Lung Disease (GOLD)
Diagnosis and long-term management of asthma	NHBLI
Treatment of major depression in adults in primary care	Institute for Clinical Systems Improvement (ICSI)
Identification, evaluation and treatment of overweight and obesity in adults	National Institute of Health





Guideline	Source
Screening for known risk factors for all women who are planning a pregnancy	American College of Obstetrics and Gynecology and Center for Disease Control (CDC)
Adults with low back pain	ICSI
Assessment and management of chronic pain	ICSI
Treatment of osteoarthritis of the knee (non-arthroplasty)	American Academy of Orthopedic Surgeons
Diagnosis and treatment of adult degenerative joint disease	ICSI
Immunization practice	CDC Advisory Committee
Clinical preventive services	Agency for Healthcare Research and Quality/U.S. Preventive Services Task Force (USPSTF)
Tobacco cessation	USPSTF
Clinical practice of oncology	National Comprehensive Cancer Network
Dietary Guidelines for Americans 2010	USDA, USDHHS

You'll also find guidelines that have been adopted for behavioral health treatment within the Behavioral Health section of the ODS provider website, including:

- Recommendations for assessment and treatment of adjustment disorder
- Recommendations for use of outcome measures in outpatient psychotherapy

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