

Sweet Pea Guacamole

Number of servings: 8

Nutrition Info

Calories: 74.8

Fat: 3.7g

Carbohydrates: 8.3g

Protein: 2.9g

Recipe submitted by SparkPeople
user MROBERTS28.

Ingredients

2 Tbsp Extra Virgin Olive Oil

3 Tbsp Fresh Lime Juice

1/4 Bunch Fresh Cilantro

2 Seed, Stemmed Serrano Chili Peppers

1 Lb Thawed Frozen Peas

1/4 tsp Ground Cumin

1 tsp Salt

1/4 Medium Red Onion, finely chopped

Directions

- Put first 4 ingredients in a blender or processor and process to a coarse puree.
- Add peas, cumin and salt; puree until smooth.
- Transfer to a medium bowl and stir in Red Onion. Adjust seasonings and serve at room temperature with tortilla chips.
- Makes 2 Cups

