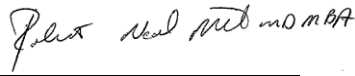


Origination Date: 10/06	Revision Date(s): 10/07, 10/08, 2/11, 5/11
Developed By: Medical Criteria Committee	



**Approved:** Neal Mills MD, MBA      **Date:** 05/26/2011

**Description:**

Breast fibroadenomas are common benign lesions that often affect women during their reproductive years. Fibroadenomas can cause physical deformity due to large size and may produce discomfort. Previously, standard treatment options for fibroadenomas included observation or surgical excision. A newer treatment approach for fibroadenomas is cryoablation. Cryoablation of fibroadenomas involves the localized freezing and destruction of the breast mass. This procedure can be performed in a physician's office, under local anesthesia with only a small incision. The technique of cryoablation involves ultrasound guidance for three-dimensional probe placement within the center of the lesion. Once the probe is in place, the fibroadenoma is frozen. Usually two freeze/thaw cycles are performed. Cryoablation continues until a frozen ball encompasses all of the tumorous area. Once the tissue is destroyed, the body should reabsorb it in approximately 3-6 months.

**Criteria:**

ODS does not cover cryoablation of breast fibroadenomas because it is considered experimental, investigational, or unproven.

**Information to be Submitted with Pre-Authorization Request:**

None

**Applicable CPT/HCPC:**

**NOTE: this list may not be all inclusive**

CPT Codes	Description
19105	Ablation, cryosurgical of fibroadenoma, including ultrasound guidance, each fibroadenoma
ICD-9 CM Diagnosis Codes	Description
217	Benign neoplasm of breast
610.2	Fibroadenosis of breast

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