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What is the Preferred Drug List (PDL)?

The PDL is a list of commonly prescribed medications within select classes of drugs covered by your prescription drug plan. The PDL was created to promote clinically appropriate utilization of medications in a cost-effective manner.

Who decides what medications make up the PDL?

The list is developed and maintained by a committee comprised of physicians and pharmacists (the Pharmacy and Therapeutics Committee). Inclusion on the list is based on consideration of a medication’s safety, effectiveness and associated clinical outcomes.

Are the medications listed on the PDL the only drugs my physician can prescribe for me?

No. The PDL is a select list of commonly prescribed drugs and does not represent all preferred formulary medications available under your plan. The PDL does not limit your prescription coverage, but is provided to encourage the use of preferred generic and brand name drugs within major therapeutic drug classes (e.g., Cardiovascular, Diabetes, etc.). For complete formulary information, visit your Plan website or refer to the phone number listed on your benefit card.

How do I get the greatest benefit from my PDL?

- **Print out the Preferred Drug List and take it with you when visiting your physician.**
- Ask your physician to prescribe generic medications whenever possible. All FDA approved generic drugs are considered preferred medications and should reduce your copays.
- When there is more than one brand name drug available for your medical condition, ask your physician to prescribe a preferred drug listed on your PDL. This should also reduce your copays.

Please note: The PDL is subject to change due to updates and availability of generic alternatives. The PDL is not a complete list of formulary drugs; therefore, you should refer to your plan for a complete drug list and details of any additional coverage.

PDL THERAPEUTIC DRUG CATEGORIES

Preferred Generic	Preferred Brand	Non-Preferred
Allergy - Antihistamines		
cetirizine (OTC)	Allegra D	All carbinoxamine containing products
cetirizine / pseudoephedrine (OTC)	Astelin / Astepro	(e.g., Palgic, Tussafed)
fexofenadine	Xyzal	Clarinet / Clarinet D
hydroxyzine		
loratadine (OTC)		
loratadine / pseudoephedrine (OTC)		
Allergy - Nasal Corticosteroids		
flunisolide	Nasarel	Beconase AQ
fluticasone	Nasonex	Nasacort AQ
	Rhinocort AQ	
	Veramyst	
Antidepressants		
amitriptyline	Cymbalta	Pexeva
bupropion / SR / XL	Effexor XR	Prozac Weekly
citalopram	Lexapro	Sarafem
fluoxetine	Nardil	
mirtazapine / soltab	Pristiq	
nortriptyline		
paroxetine IR / CR		
sertraline		
trazodone		
venlafaxine IR		
Antimigraine Agents		
APAP / dichloralphenazone / isometheptene	Depakote ER	Amerge
butalbital / APAP	Treximet	Axert
butalbital / APAP / caffeine	Zomig / ZMT	Frova
butalbital / aspirin / caffeine		Maxalt / MLT
ergotamine / caffeine		Migranal
sumatriptan		Relpax

Preferred Generic	Preferred Brand	Non-Preferred
Anti-Ulcer / Gastrointestinal Agents		
cimetidine	Kapidex	Aciphex
famotidine	Prevacid	Helidac
metoclopramide	Prevpac	Nexium
omeprazole		Zegerid
omeprazole OTC		
pantoprazole		
ranitidine		
sucralfate		
Asthma / COPD		
albuterol / ipratropium	Advair Diskus	Aerobid
cromolyn	Advair HFA	Brovana
ipratropium	Asmanex	Maxair
theophylline	Atrovent HFA	Xopenex / HFA
	Azmacort	Zyflo
	Combivent	
	Flovent Diskus	
	Flovent HFA	
	Foradil	
	Perforomist	
	ProAir HFA	
	Proventil HFA	
	Pulmicort Flexhaler	
	Pulmicort Respules	
	QVAR	
	Serevent Diskus	
	Singulair	
	Spiriva	
	Symbicort	
	Ventolin HFA	
	Xolair	

Preferred Generic	Preferred Brand	Non-Preferred
Cardiovascular – ACE Inhibitors / ARBs / Combinations		
benazepril / HCTZ enalapril / HCTZ lisinopril / HCTZ quinapril / HCTZ ramipril caps	Altace tabs Benicar / HCT Cozaar Diovan / HCT Hyzaar	Atacand / HCT Avalide Avapro Micardis / HCT Teveten / HCT
Cardiovascular – Beta Blockers / Combinations		
atenolol atenolol / chlorthalidone carvedilol metoprolol tartrate metoprolol succinate propranolol propranolol / HCTZ propranolol LA	Coreg CR Bystolic Innopran XL	Levatol
Cardiovascular – Calcium Channel Blockers / Combinations		
amlodipine amlodipine / benazepril diltiazem diltiazem CD diltiazem SA, SR felodipine nifedipine / nifedipine SA verapamil verapamil LA	Exforge	Cardene SR Cardizem LA Covera-HS Dynacirc CR Lexxel Sular Tarka Tiazac
Contraceptives		
Apri Aviane Kariva Levora Low-Ogestrel Microgestin / FE Nortrel Ocella Sprintec Trinessa Tri-Sprintec Trivora	Nuvaring Ortho Evra Ortho Tri-Cyclen Lo YAZ	Depo-Provera Ethrostep FE Femcon FE Loestrin 24 Fe Lybrel Ovcon-50 Ovcon Fe Seasonique
Diabetes Agents		
glimepiride glipizide glipizide / metformin glyburide glyburide / metformin metformin metformin ER	Actos Actoplus Met Avandamet Avandaryl Avandia Byetta Duetact Human Insulins (Novo / Lilly) Janumet Januvia Lantus Levemir Prandin Prandimet Precose Riomet Starlix Symlin	Apidra Fortamet Glumetza Glyset
Diabetes Diagnostics		
	Accu-Chek Strips and Meters One-Touch Strips and Meters	Ascensia Freestyle Precision Softact
Genitourinary Agents-Benign Prostatic Hyperplasia		
doxazosin finasteride terazosin	Avodart Flomax	Uroxatral
Genitourinary Agents-Overactive Bladder		
oxybutynin oxybutynin extended release	Detrol/Detrol LA Enablex	Oxytrol Sanctura/Sanctura XR
Glaucoma Agents		
betaxolol brimonidine dorzolamide hcl timolol maleate/dorzolam hcl levobunolol timolol	Alphagan P Azopt Betimol Betoptic S Lumigan Travatan/Z Xalatan	Combigan

Preferred Generic	Preferred Brand	Non-Preferred
Hormone Replacement		
estradiol estradiol patches estropipate me-testosterone me-testosterone / estrogen, esterified medroxyprogesterone	Androderm Androgel Combipatch Crinone Menest Premarin Premphase Prempro / Low Dose Prometrium	Activella Cenestin Climara Pro Enjuvia FemHRT Femtrace Prefest Striant Testim
Lipid Lowering Agents		
cholestyramine fenofibrate gemfibrozil lovastatin niacin (Rx only) pravastatin simvastatin	Antara Caduet Lipitor Niaspan Simcor Tricor Vytorin Welchol Zetia	Advicor Altroprev Crestor Lescol / XL
Non-Steroidal Anti-Inflammatory Agents		
diclofenac sodium ibuprofen indomethacin meloxicam naproxen	Celebrex Voltaren Gel	
Osteoporosis Agents		
alendronate	Actonel Actonel with Calcium Evista Fosamax D Forteo	Boniva Fortical Miacalcin
Sleep Aids		
temazepam zolpidem	Ambien CR Lunesta	Rozerem Sonata
SPECIALTY DRUGS		
Anemia		
	Procrit (PA)	Aranesp Epogen
Growth Hormones		
	Genotropin Humatrope Norditropin / Nordiflex Tev-Tropin	Omnitrope Nutropin / AQ Saizen
Hepatitis C		
ribavirin	Pegasys PEG-Intron	
Multiple Sclerosis		
	Avonex Betaseron Copaxone Rebif	Tysabri
Rheumatoid Arthritis		
	Enbrel Humira	