



## Well@work

ODS Well@work gives you access to valuable tools and services. No matter what stage of life or health your employees are in, ODS Well@work provides the tools and personalized health support to help them improve their health.

### Access valuable tools and resources for launching a successful employee wellness program

ODS is here to support you and your employees on the journey to better health and wellness. Developing and implementing a comprehensive employee wellness program can help empower your employees to take charge of their health.

By providing you with an employer toolkit, targeted health promotion campaigns and personal consultation, ODS Well@work is with you every step of the way. When you use the Well@work resources we've created for you, you'll save time and get results.

#### EMPLOYER TOOLKIT

The ODS Well@work Employer Toolkit is designed to encourage the discussion of workplace wellness, assist in creating or sustaining a wellness program and provide useful resources.

This toolkit will help you:

- Learn the basics of health promotion and workplace wellness
- Implement ways to measure the success of your program

- Build your company's wellness culture through proven methods
- Identify wellness opportunities based on population and condition-specific risks

#### HEALTH PROMOTION CAMPAIGNS

ODS Well@work also offers turn-key health promotion and wellness campaigns on a variety of topics.

Campaigns are easy to print and distribute to your employees. Collateral for a customizable health promotion campaign includes:

- Eblasts
- Table tents
- Posters
- Flyers