



**WORLDDOC 24/7™**

WorldDoc 24/7 is a secure health education site that provides tools and information to help you better manage your health.

**MAKE SMARTER, HEALTHIER  
LIFESTYLE CHOICES WITH WORLDDOC 24/7.**

WorldDoc 24/7 has six interactive health tabs, including:

**Health and symptom evaluation** — Get information on conditions and treatment options. Take the health risk assessment to learn your health age and receive personalized recommendations.

**Medical library** — Explore medical conditions and treatments in the medical library.

**Health helpers** — Use tools such as health trackers, calculators, the healthy living program and more to help you manage your health.

**Pharmacy** — Research your medications and discover how you can lower your prescription costs.

**My health files** — Store your medical history, pharmacy information and health risk assessment profile.

**News, forums and communication** — Access articles, news, health surveys, member forums and more.

For more information, contact ODS Customer Service at **877-605-3229** or visit us online at **[www.odscompanies.com](http://www.odscompanies.com)**.



**LOG ON TO  
WORLDDOC 24/7  
TODAY**

WorldDoc 24/7 is available 24 hours a day, seven days a week and is always there when you need it.

You can access WorldDoc 24/7 online at **[www.odscompanies.com/members](http://www.odscompanies.com/members)** by logging into myODS, your personalized health website.

