

› Get a handle on your health

What to ask your doctor

Want to make the most of your next doctor visit? Ask questions. Preparing questions before your doctor visits are one way to take control of your health.

Here are some key questions you should be prepared to ask.

Questions about medications:

- › What are common side effects?
- › Will this drug interfere with any of my other conditions?
- › When will the medicine begin to work?
- › What should I do if I miss a dose?

Questions about medical tests:

- › Why are we doing this test?
- › How should I get ready?
- › When will I get the results?

Questions about treatment:

- › What are my choices?
- › What are the pros and cons of my choices?
- › Are there other treatments I should consider?

Making the most of your doctor visit by having prepared questions and pen/paper to record the answers is beneficial to you and your doctor. Don't feel rushed. Just make sure you get your questions answered.

Questions?

We're here to help. Please call our customer service team toll-free at 877-605-3229. TTY users, please call 711.

